

Ottawa Valley Doula CODE OF ETHICS

1. Rules of Conduct

- A. Propriety - The doula should maintain high standards of personal conduct in the capacity or identity as a birth doula.
- B. Competence and Professional Development - The doula should strive to become and remain proficient in the professional practice and the performance of professional functions through continuing education, affiliation with related organizations, and associations with other birth doulas.
- C. Integrity - The doula should perform in accordance with the highest standards of professional integrity.

2. Ethical Responsibility to Clients

- A. Client's Interests - The doula's primary responsibility is to her clients.
- B. Rights and Choices of Clients - The doula should make every effort to encourage self-sufficiency on the part of her clients.
- C. Confidentiality and Privacy - The doula should respect the privacy of clients and hold in confidence all information obtained in the course of professional service.
- D. Obligation to Serve - The doula should assist each client seeking birth doula support either by providing services or making appropriate referrals.
- E. Reliability - When the doula agrees to work with a particular client, the obligation is to do so reliably, to the best of the doula's ability, for the term of the agreement.
- F. Fees - When setting fees, the doula should ensure that they are fair, reasonable and appropriate with services performed. The doula must clearly state her fees to the client, and describe the services provided, terms of payment and refund policies.

3. Ethical Responsibility to Colleagues

- A. Respect, Fairness and Courtesy - The doula should treat colleagues with respect, courtesy, fairness and good faith.
- B. Dealing with Colleagues' Clients - The doula has the responsibility to relate to the clients of colleagues with full professional consideration.

4. Ethical Responsibility to the Birth Doula Profession

- A. Maintaining the Integrity of the Profession - The doula should uphold and advance the values, ethics and knowledge of the profession.
- B. Community Service - The doula is encouraged to promote the support of a birth doula by providing birth doula services at a reduced cost, if possible, or making appropriate referrals, as available.

5. Ethical Responsibility to Society

A. Promoting Maternal and Child Welfare - The doula should promote the general health of the women and their babies and, whenever possible, that of their family and friends

Name (signature)

Date